| Monday |  |  |
| :---: | :---: | :---: |
| Hearty beef soup with breadcrumb dumplings and root vegetables (A,C,L,G) | TS | $3.20 €$ |
| Hearty beef soup with breadcrumb dumplings and root vegetables (A,C,L,G) as a main course [400ml] | W4 | $5.00 €$ |
| Vegan polpetti with fruity tomato and young onion ragout and herbed brown rice (A) [lactose-free] [vegetarian] [vegan] | M1 | 8.50 € |
| Farfalle pasta with garden herbs in a cream sauce with kohlrabi, broccoli, runner beans and two types of carrot (A,C,G) [veget] | M2 | 7.90 € |
| Zürcher Geschnetzeltes of chicken thigh with mushrooms and colourful vegetable rice (A,G) [gluten-free] [lactose-free] | M3 | $9.50 €$ |
| Strawberry yoghurt slice (A,C,G) [veget] | TD | $3.50 €$ |
| Fruit cup with fresh mint [gluten-free] [lactose-free] [vegetarian] [vegan] | TD1 | 4.90 € |
| Tuesday |  |  |
| Spicy watermelon soup with a hint of chilli as a cold bowl [gluten-free] [lactose-free] [vegetarian] [vegan] | TS | $3.20 €$ |
| Spicy watermelon soup with a hint of chilli as a cold main course [400ml] [gluten-free] [lactose-free] [vegetarian] [vegan] | W4 | $5.00 €$ |
| Carinthian potato noodles in nut-brown margarine and fresh chives (A) [lactose-free] [vegetarian] [vegan] | M1 | 7.90 € |
| Colourful vegetable and spinach lasagne with mozzarella au gratin (A,C,G,H) [veget] | M2 | $8.40 €$ |
| Classic Viennese rice dish with grilled capsicum wedges (Sc) [Grana as recommendation TB1] [gluten-free] [lactose-free] | M3 | $9.20 €$ |
| Apple strudel dessert with apple, sponge cake base, yoghurt cream, cinnamon and mint (A,C,G) [veget] | TD | $3.50 €$ |
| Fruit cup with fresh mint [gluten-free] [lactose-free] [vegetarian] [vegan] | TD1 | $4.90 €$ |
| Wednesday |  |  |
| Greek lemon soup with colourful vegetables and orzo pasta (A) [lactose-free] [vegetarian] [vegan] | TS | 3.20 € |
| Greek lemon soup with colourful vegetables and orzo pasta (A) as a main course [400ml] [lactose-free] [vegetarian] [vegan] | W4 | $5.00 €$ |
| Melanzane and peanut curry with sesame oil, fresh coriander and green runner beans, served with basmati rice (E,N) [gluten-free] [lactose-free] [vegetarian] [vegan] | M1 | $8.20 €$ |
| Fried cheese dumplings on white wine cabbage and tartar sauce ( $\mathrm{A}, \mathrm{C}, \mathrm{G}, \mathrm{O}$ ) [veget] | M2 | 8.70 € |
| Spaghetti carbonara in a creamy ham sauce with fresh herbs (A,C,G.Sc) | M3 | 8.90 € |
| Poppy seed noodles with apple sauce (A,C) [lactose-free] [veget] | TD | $3.50 €$ |
| Fruit cup with fresh mint [gluten-free] [lactose-free] [vegetarian] [vegan] | TD1 | 4.90 € |
| Thursday |  |  |
| Chicken soup with courgettes, lentils and carrots (A) [lactose-free] | TS | $3.20 €$ |
| Bundled chicken soup with courgettes, lentils and carrots (A) as a main course [ 400 ml ] [lactose-free] | W4 | $5.00 €$ |
| Couscous-cereal courgette boats with vegan mozzarella served with cumin potatoes and sour cream (A) [lactose-free] [vegetarian] [vegan] | M1 | $7.90 €$ |
| Fried meatloaf on creamy dill beans and homemade mashed potatoes (A,C,G,L,Sc) | M2 | 8.90 € |
| Fried trout fillet on a light horseradish sauce with buttered potatoes ( $D, G$ ) [gluten-free] | M3 | $11.00 €$ |
| Oven-fresh curd cheese sticks ( $\mathrm{A}, \mathrm{C}, \mathrm{G}$ ) [veget] | TD | $3.50 €$ |
| Fruit cup with fresh mint [gluten-free] [lactose-free] [vegetarian] [vegan] | TD1 | $4.90 €$ |
| Friday |  |  |
| Sweet potato curcuma soup with a hint of chilli [gluten-free] [lactose-free] [vegetarian] [vegan] | TS | $3.20 €$ |
| Sweet potato curcuma soup with a hint of chilli as a main dish [400ml] [gluten-free] [lactose-free] [vegetarian] [vegan] | W4 | $5.00 €$ |
| Beetroot slices on a lemon base with cress and walnuts ( $\mathrm{A}, \mathrm{H}, \mathrm{O}$ ) [lactose-free] [vegetarian] [vegan] | M1 | 8.40 € |
| Buckwheat blinis on pickled kohlrabi and tomato rocket salsa (A,G) [veget] | M2 | $8.20 €$ |
| Roast veal in its own juice with grilled nutmeg pumpkin and homemade napkin dumplings (A,C,G,O) | M3 | $9.90 €$ |
| Cake of the day ( $\mathrm{A}, \mathrm{C}, \mathrm{G}, \mathrm{H}$ ) [veget] | TD | 3.20 € |
| Fruit cup with fresh mint [gluten-free] [lactose-free] [vegetarian] [vegan] | TD1 | $4.90 €$ |


| MONDAY WUESDAY WEDNESDAY THURSDAY | FRIDAY |
| :---: | :---: |
| Salads |  |
| Turkish kiskir salad with bulgur, peppers, tomato, carrot, lemon, mint and pomegranate with a soya dip as a topping (A,F) [lactose-free] [vegetarian] [vegan] | S1 8.50€ |
| Anti-pasti pasta salad with prosciutto, mango, halloumi, olives, sweetcorn, stewed tomatoes, red onion and fresh herbs (A,C,G,Sc) | S2 8.90 € |
| Leaf salad garnished with seasonal vegetables and house dressing [gluten-free] [lactose-free] [vegetarian] [vegan] | S4 3.20€ |
| Weekly menu, Special, Menu \& Low Carb |  |
| Classic roasted dumplings with egg and fresh chives ( $\mathrm{A}, \mathrm{C}, \mathrm{G}, \mathrm{O}$ ) [veget] | W1 7.80€ |
| Turkey cordon bleu stuffed with turkey ham and gauda, served with parsley potatoes (A,C,G) | W2 9.50€ |
| Low carb turkey cordon bleu stuffed with turkey ham and gauda, served with a colourful vegetable bouquet (A,C,G) | A1 $9.50 €$ |
| Enclosures |  |
| Portion of mini jacket potato [gluten-free] [lactose-free] [vegetarian] [vegan] | TB1 2.50€ |
| Portion of basmati rice [gluten-free] [lactose-free] [vegetarian] [vegan] | BL1 2.50 € |
| Portion of grilled vegetables [gluten-free] [lactose-free] [vegetarian] [vegan] | BL2 $2.50 €$ |
| Pastry |  |
| freshly baked Kaisersemmel (A,G,F) [lactose-free] [vegetarian] [vegan] | G1 1.40 € |
| gluten-free pastry of the day (G) [gluten-free] [veget] | G2 1.80€ |
| Crispy Kornspitz (A,F,G,N) [lactose-free] [vegetarian] [vegan] | G3 1.80€ |
| Juices \& smoothies |  |
| Orange juice freshly squeezed [ 500 ml ] [gluten-free] [lactose-free] [vegetarian] [vegan] [malfit] | SD1 4.00 € |
| Summer Breeze with apricot, lime and elderberry [500ml] [gluten-free] [lactose-free] [vegetarian] [vegan] [malfit] | SD3 $4.50 €$ |
| Sandwich \& Wrap |  |
| Stuffed poppy seed roll with salami, cheese, ham, peppers, cucumber, iceberg and cocktail sauce (A [veget] | GD1 4.50 € |
| BLT wrap filled with bacon, cheddar, tomato, iceberg and cocktail sauce (A,G,Sc) | GD3 4.80 € |
| Vegan Mediterranean antipasti burrito filled with antipasti vegetables, pulled pea protein, vegan mozzarella, tomato cream and corn crunch (A) [lactose-free] [vegetarian] [vegan] | GD5 6.90€ |
| Mediterranean chicken antipasti burrito filled with antipasti vegetables, chicken, mozzarella, tomato cream and corn crunch (A,G) | GD6 $6.50 €$ |

